

## WHAT ARE YOUR FIVE FAVORITE HYMNS?

The Liturgy and Arts Commission is interested in learning about your favorite hymns, so they can be scheduled into future services at appropriate seasons. So, if you are longing to have us sing something special, please take time to either complete and return the form below by mail or drop it in the collection plate or "hymn box" that will be in the narthex throughout October.

Don't limit your selection to hymns just in the Blue Hymnal — we can also find copies from other sources and reproduce them for service use. Bob Earle, Malcolm Brooks, and Ralph Moore are eager to include the music you like in the service.

We'll let you know the results in either the November or December ROCK.

My Favorite Hymns: (your name)

\_\_\_\_\_

Title \_\_\_\_\_

Number \_\_\_\_\_ Season (if applies) \_\_\_\_\_

Title \_\_\_\_\_

Number \_\_\_\_\_ Season (if applies) \_\_\_\_\_

Title \_\_\_\_\_

Number \_\_\_\_\_ Season (if applies) \_\_\_\_\_

Title \_\_\_\_\_

Number \_\_\_\_\_ Season (if applies) \_\_\_\_\_

Title \_\_\_\_\_

Number \_\_\_\_\_ Season (if applies) \_\_\_\_\_

***Remember Foyer Grope Pot Luck Supper October 17th***  
***Jeff Lewis' Ordination November 1st***  
***Bowling Christians November 12th***

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NEWSLETTER OF ST. PETER'S EPISCOPAL CHURCH  
 White Street • P.O. Box 457 • Rockland, Maine 04841

THE ROCK





# THE ROCK

NEWSLETTER OF ST. PETER'S EPISCOPAL CHURCH

White Street • P.O. Box 457 • Rockland, Maine 04841 • 207-594-8191 • Fax: 207-593-9378

[www.stpetersrockland.org](http://www.stpetersrockland.org)

## Foyer Groups to Resume with a Potluck Supper

Some Foyer Groups took a break over the summer and others have continued meeting. When the groups were initially formed last winter, we said we would "shuffle" the membership in the Fall—and Fall is here. But before the Foyer Group organizing team (Bowditch, Patten & Rogers) shuffles the membership, we would like to hear from you about your experiences with this new activity. Perhaps shuffling the membership at the time of the Annual Meeting in January would give groups time to continue meeting before moving on to get acquainted with a new group. We do want an opportunity however for people who have not yet signed up for a Foyer Group to get into a group and join the fun.

SO—on Sunday, October 17th at 5:30 PM at St. Peter's, we will have a potluck supper for all the Foyer Groups plus anyone else who would just like to attend for an evening of food and friendship. The organizing team will be ready to do the "shuffle" now or in January, whatever is everyone's pleasure.

This will be a true potluck. Bring a favorite food! See you there.  
*Marty Rogers, Joe Patten, Jim Bowditch*

## Attention, Bowlers of All Ages!

The Christian Formation commission is sponsoring a bowling night for children, parents, grandparents, friends, accomplices, the lame, the halt, the over-stressed—in short, for anyone interested, on Fri. Nov. 12, starting at 6 PM. Last year's event was a lovely time of intergenerational fellowship and good fun. Mark your calendars.

## Christian Formation Commission At Work

The Christian formation commission is preparing offerings for both children and adults. The series on Death and Dying began on 9/19 with a talk by McKim Peterson, MD. An Advent Bible study and Epiphany book group are planned, a pumpkin carving and All Hallow's Eve service also.

We continue to need help with the commission's work, and would welcome involvement at any level, from writing book reviews, to leading a small group exercise from time to time, to long-range planning. Please contact Bruce Davis or Harold Van Lonkhuyzen if you would like to see more happening and can contribute, even in what may seem like the smallest of ways.

## Time and Talent Fundraiser

To help support our mission and close the budget gap, the Vestry has come up with yet another fundraiser. Based on the parable of the talents (Matt 25:13-30) and micro-credit schemes used in developing countries, the idea consists of distributing small amounts of seed money widely, and letting people use their time and talent to help it grow. The Vestry will supply the seed money. We hope to gather the increase by Christmas. Prizes will be given for the most money raised and for the most creative method. The fundraiser may also serve as a stimulus for reflection on stewardship.

## Pastoral Care and Calling Starts Candlelight Prayers

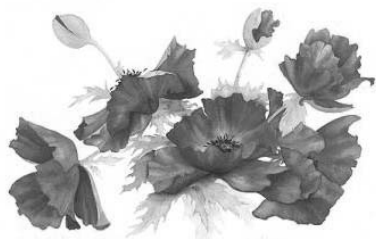
Beginning on October 7 at 6 p.m., the Pastoral Care and Calling Commission will hold a 15-minute service of candlelight prayers in the Chapel on the first Thursday of each month. This will be a simple service at which all members of the community are welcome to pray for people in our parish, members of the community, friends, family and concerns for the world. We will light candles to hold those for whom we pray in the light of God's love and share both spoken and silent prayers. Members of St. Peter's are invited to attend the meeting of the Pastoral Care and Calling Commission following the prayers.

The commission also plans to place in the pews cards people can use to request a pastoral care visit for themselves or someone else. These may be placed in the offering plate, or handed to one of the clergy after the service. Requests for pastoral care will be treated as confidential.

Finally, we invite anyone with a desire to spend an hour or two with someone who needs a bit of company, or even to chat on the phone with someone who is ill or shut in, to speak to one of the members of the commission about becoming a pastoral visitor. Visitors need not be members of the commission. If you'd like to learn more about this ministry of comfort and companionship, speak to Jude Thomas, Rev. Isabel Polk, Patt Algrant, Sarah Reynolds or Midge Welch.



## Lyn Snow Brightens September with an "Allegro" of Scarlet Poppies



given," and she is "thankful for the ability to render flowers." She paints from real flowers and is always "struck by the exquisite shape and color and detail" of each. She feels "in a modest way" that many people find her "flowers make them feel better and help them through the day." Lyn is pleased that many hospitals hang her works in their emergency rooms.

In October, the Gallery of Spirit will introduce a variation and show works of art of spiritual meaning to Ellie Hutchinson. These are works chosen, but not created by Ellie. Her accompanying statement will explain why these works have meaning for her. In a similar vein, in December, Dorothy Nyman will exhibit Madonna drawings done by her grandmother, who was a well known illustrator; Dorothy will also explain why these works are spiritually meaningful to her. In November, glass works by former parishioner Maud Warren will be on display.

Artists or parishioners interested in sharing a work are asked to contact Mary Alice Bird, Liturgy and Arts Chairperson (mabjab@midcoast.com or 596-6276).

*Apologies for small web-snatched image. Be sure to go see it in person. —Ed.*

Throughout September St. Peter's Gallery of the Spirit featured a still life floral watercolor by Lyn Snow, noted area artist and member of St. Peter's Episcopal Church. Lyn's work captures, in clean lyrical elegance, the mood and essence of "flower." Her original work and limited print editions have been widely exhibited. Much of her work can be seen at her gallery on Main Street, opposite the Farnsworth Art Museum; her sister and daughter also share the gallery.

Although Lyn comes from a family of painters, she is a self-taught artist who was originally trained as a nurse and later as a clinical specialist in psychiatry, and for a time she had a small private practice, sharing an office at St. Peter's.

Lyn feels that "my spiritual life is filled with gratitude for the wonder and beauty of the world we have been

## October Display Features Favorites

October's art exhibit is a variant from past exhibits. This month, the featured art will be three small framed photos selected by Ellie Hutchinson. Ellie herself did not create these works, but selected to share them with others because of the spiritual message she finds expressed through them.

The photos depict a yellow lab focused on a piece of driftwood—carrying the same—lake, mountains dog in canoe.

Ellie notes that "these photographs attracted my attention because I have always been able to see GOD and feel his presence in nature and with animals. Thankfully, my life, growing up on a farm and then becoming a farmer's wife, has brought me in close proximity to both."

Ellie further says that these "photos seem to me to suggest a rule for life; to

- 1) Focus on your dreams: With GOD all dreams are possible.
- 2) Retrieve life: Life is a gift. Live fully.
- 3) Remember: Pause, drift a little, be with your friends, God is ALWAYS there.

Ellie Hutchinson, an active member of St. Peter's, and her husband live in Appleton with two dogs, three cats, seven cows, and three horses.



## THE ROCK

NEWSLETTER OF  
ST. PETER'S EPISCOPAL CHURCH

*St. Peter's Parish seeks to serve God's  
mission of restoring all people  
to unity with him.*

*We open wide our door and say,  
in the name of Jesus Christ, "Welcome."*

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Jim Bowditch 236-2272

JUNIOR WARDEN:

Deborah Oliver 236-8503

Mac Deford, Treasurer

MEMBERS:

Katherine Brown, Douglas Curtis, Sr.,  
Bruce Davis, Jane Karker,  
Dorothy Nyman, Linda Peterson,  
Joanne Smith, Harold van Lonkhuyzen,  
Christine Wohler

### THE ROCK

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Deadline for THE ROCK  
is the 20th of each month.

## Letter from the Rector



**M**ore of my conversations with people of St. Peter's are touching on personal journeys: one's prayer life, the need for a rule of life. So, I'll make this space suitable for reference as a refrigerator clipping.

**1 Daily Discipline.** In order for any of us to live a life that is integrated (opposite of dis-integrated) we must spend a portion of each day in prayer or meditation. This might be just a few minutes or it might be longer. It might happen two or three times a day or less often. Whenever and however, this is as essential as other daily habits that we think are mandatory.

**2 Different Options.** It is natural and inevitable that in starting up something like this one feels awkward. We are intimidated by images of "expert" people—monks or meditation teachers who sit in solemn silence for interminable stretches of time. But there are simple options—like: sit in your favorite chair and just close your eyes for one minute. Read something that seems prayerful, perhaps a Psalm. Open the heart and say (silently or aloud) a simple phrase. "Holy Spirit, come to me." "I love you, God." "Christ, have mercy." I'll be glad to point to simple resources. Sheila Seekins gave us some during the forums on healing. We can share these. Ask.

**3 Think of Living a Simple Rule.** Here again, there are a few really good forms to look at. They are available in our office, or I'll be glad to look through some of them with anyone who asks. During a conversation some of us had in September it came out that that short piece from the National Council of Churches, "Christian Principles in an Election Year," offers points that could become a rule of life. (It is available in the narthex.)

**4 New Opportunities.** We have lots of things we can do together to help each other in this. Be on the lookout for discussions, retreats, quiet days and other events that will happen right in our parish. A good many people are hungry enough that they are going to organize more gatherings that help us all realize rules of life and habits of regular prayer.

Thomas Merton writes, "Everyday we are all beginners." That's exactly the way I see myself. I hope you will join me and others in the journey.

In Christ,

*Ralph*

## ALSO ON THE REFRIGERATOR:

### ANIMALS AT ST. PETER'S SUNDAY, OCTOBER 3!

Our commemoration of St. Francis (whose day is October 4) will be marked by a special liturgy at the 10:30 service on the morning of October 3. The liturgy will be shortened so that after communion there will be time for us to come outside and there on the lawn enjoy a blessing of all of the animals that can appear with us that morning—our pets, alive or stuffed. This is for the whole parish. Make it a date!

### PUMPKINS AT ST. PETER'S FRIDAY, OCTOBER 29!

Not just for our families but everyone—bring a pumpkin (and a candle to put inside it) to the parish hall Friday night, October 29, any time from 5:00 pm on, and carve it there alongside other folks. When we're all ready we'll take them and light them and go into the church for an All Hallows' Eve service. After that, let's share a simple potluck together.

### JEFF LEWIS' ORDINATION MONDAY, NOVEMBER 1!

All Saints' Day for us this year will be a celebration of Jeff's ordination as a transitional deacon at 6:00 pm, November 1. This means that he will serve in ministry as a deacon for a period of time (several months) in preparation for ordination as a priest. Mark this date for another festive occasion with Bishop Knudsen.

### CONFIRMATION & INQUIRER'S CLASSES

The rector asks that all persons desirous of an inquirer's for adults let him know right away and one will be formed. This will be designed for those who want to learn more about the Christian Faith, the Episcopal Church and the life of faith. It will be good preparation for persons who would like to be confirmed or received into the Episcopal Church next spring. Another invitation is made for children ages 10 through 14 who would like this same opportunity. Let Ralph know (594-8191).

## Vestry Notes for September

Members Present: Rev. Ralph Moore, Jim Bowditch, Kay Brown, Doug Curtis, Sr., Bruce Davis, Dorothy Nyman, Deborah Oliver, Linda Peterson, Sarah Reynolds, Harold Van Lonkhuyzen

Members Absent: John Bird, Mac Deford, Rev. Isabel Polk, Joanne Smith, Christine Wohler

Visitors Present: George Jones

Jim Bowditch introduced our new chair of the Buildings and Grounds Commission, George Jones.

Jane Karker has resigned from the Vestry, due to work schedule problems. We voted to appoint George Jones to serve out her term until the 2006 Annual Meeting. Dorothy Nyman also announced that she must resign because of a schedule conflict. Since her term ends this January, no one will be appointed in her place. At the request of the Vestry, the clerk will send cards to both Jane and Dorothy thanking them for their service.

The minutes of the August meeting were approved.

Fr. Ralph presented the Rector's Report, and asked

1. That the Vestry take an active role in the preparation of the 2005 budget;
2. That the Vestry initiate the mutual-ministry process of self-examination within the parish to prepare for the

Rector's retirement in 2007; and

3. That, in order that all may have time to Sabbath renewal, no meetings be scheduled between the two Sunday services.

Jim presented the budget report, and told us that

1. The 13th month appeal will be mailed out around the middle of September.

2. St. Peter's has received an anonymous pledge of \$1,000 towards computer expenses, contingent on our raising another \$4,000 from parishioners.

The Vestry received the August budget report.

We named a vestry nominating committee to include Deb Oliver, Kay Brown, and a third person to be recruited by Deb and Kay from outside the Vestry.

Deb reported on fundraising:

1. The bottle redemption project is under way, and has received \$45 so far.

2. Harold shared his "seed money" fundraising idea (parish gives small amounts of cash to participants, and they use it to make more money for the church), which was well-received by the Vestry.

We heard commission reports:

Jim reported that **Building and Grounds** has had a good response from the congregation to its request for help in maintaining church property.

Bruce and Harold reported on **Christian Formation**. Sheila Seekins is organizing a 7-week series of adult forums on end-of-life issues, to begin Sept. 19. Bruce and Harold are organizing a children's program. They will hold a meeting

with parents about their needs, and have arranged for child care during church.

Deb reported that the **Evangelism Commission** is discussing the Vestry's requests that came out of the Planning Retreat.

Dorothy reported that **Liturgy and Arts** will meet on Sept. 12, and has planned special services for September 11 and September 18.

Jim reported that the **Stewardship Commission** will host a Festive Dinner on November 6, preceded on October 31 by a ministry fair.

Sarah Reynolds reported that the **Pastoral Care and Calling Commission** will hold a 15-minute candlelight prayer service at 6 P.M. on the first Thursday of the month starting October 7, with the commission's meeting to follow.

In addition, PCC will place cards in the pews that may be used to request a pastoral-care visit. Finally, PCC will host coffee hours in November to introduce the visit-request cards and recruit pastoral visitors.

Ralph spoke on behalf of the **Mission Commission**, reporting that chair David Grima needs a co-chair to help with organizing.

Next, Ralph asked for a volunteer to select and submit issues of **The Rock** for the Lulu Awards. Dorothy volunteered, and said she will ask Marty Rogers's help.

We closed with prayer.

**The next meeting is Thursday, 14 October, at 7:00 p.m.**

## It's a word search, Sonny!

ADAM	CALEB	SIMEON
CAIN	ABRAHAM	ISSACHAR
ABEL	ISHMAEL	ZEBULUN
SETH	ISAAC	BENJAMIN
NOAH	ESAU	JOSEPH
HAM	JACOB	MANASSEH
SHEM	REUBEN	EPHRIAM
JAPHETH	DAN	SAUL
ELKANAH	ASHER	JONATHAN
SAMUEL	JUDAH	DAVID
AARON	LEVI	SOLOMON
NADAB	GAD	
HUR	NAPHTALI	

M A N A S S E H E S A U A W  
 I B I D O H S I S S A U L R  
 A E A A L A E O N H E E E D  
 R L C V O O T M I S U H V I  
 H A M I M N H S L M S F I T  
 P H R D O I M S A A R O N T  
 E L K A N A H S T U U D A N  
 C G A D H I O N H J U J D A  
 I S S A C H A R P A H A A H  
 T M R M C C K E A P A C B T  
 O B E N J A M I N H D O E A  
 A I S H M A E L R E U B E N  
 N O E M I S S N O T J L S O  
 C A L E B I T E O H E U K J  
 J O S E P H E N U L U B E Z

## Liturgy and Arts – Looking Ahead

At its September meeting, the Liturgy and Arts Commission reviewed its focus for the next few months. The commission will work with the rector and staff to:

- Continue to sponsor monthly art exhibits.
- Sponsor musical presentations at the church.
- Provide parish opportunities for meditation.
- Continue to incorporate liturgical education into meetings.
- Continue to develop the chapel space.
- Bring more story telling into the liturgy.
- Develop (and offer) healing liturgies for the parish and community.
- Assist with budget preparations.
- Consider offering a Russell Pau yoga sound workshop next summer.
- Experiment with different service formats.
- Consider use of liturgical dance.
- Continue to expand congregational involvement in music.
- Continue to expand lay involvement in liturgy.
- Expand the choir and music program.
- Offer instructed Eucharists.
- Explore other services in the *Book of Common Prayer*.
- Develop a helpful process to recruit, train, and schedule servers.

Some of the specific events, the commission will be working on include:

- October art: exhibit of meaningful art, selected and commented on by Ellie Hutchinson.
- A three-traditions music concert, probably late winter or early spring, with offerings from the Christian, Jewish, and Islamic traditions.
- Assisting with the November 1 ordination (to the transitional diaconate) of service for Jeff Lewis.
- Planning, with the Pastoral Care and Calling Commission, additional healing services for Advent (one during the Sunday service and a longer service at a different time).
- A “Madonna” theme for a Sunday in Advent, asking parishioners to share favorite readings or poems as part of the homily (contact: Dorothy Nyman)
- An October hymn survey, to identify favorite hymns members would like to sing at appropriate seasons (see article this issue).

New members welcome. If you would like to join the Liturgy and Arts Commission, please contact Mary Alice Bird, Chair (mabjab@mid-coast.com or 596-6276). The commission usually has a luncheon meeting the first Sunday of the month, immediately following the 10:30 A.M. service.

Current active members include: Richard Fisher, Ellie Hutchinson, Lee Karker, Chris McLarty, Ralph Moore, Dorothy Nyman, Isabel Polk, Mia Purcell, Marilyn Smith, and Chris Wohler. Periodically, Bob Earle and Malcolm Brooks also join the commission for meetings.

## HOME ON LEAVE

Familiar stranger  
 filling the room with his presence.  
 Remembered images  
 tiptoe across time filling my mind.  
 Blond head  
 bent in concentration  
 Suntan arms that swung a bat,  
 captured fireflies,  
 wore a cast.  
 New friends, far away places,  
 falling from his tongue.  
 The shape and sound of him  
 is new and yet old.  
 Today's deep baritone blends with  
 shrill tones from yesterday.  
 I see my face, but not mine,  
 smiling at me  
 This boy/man reaches for my hand  
 “Mom, it's good to be home!”

*I wrote this after my elder son was home on leave from the Navy. Regardless of where one stands politically or philosophically on the present war in Iraq, our military is there; and they are all sons and daughters to someone. Let us hold them up in our prayers, that they may return to us intact, both in body and soul.*

— Ellie Hutchinson

## Visiting Churches in Ireland

Paul and I and all the members of our crew on board our sailboat, *Canty*, are now home safe and sound. We are very thankful for all of your prayers that we be kept away from the dangers of sailing across the Atlantic. Please read the beautiful blessing that Ralph wrote prior to our departure. I know some of you were truly fearful about the risks of this adventure, so now you can breath a sigh of relief! If you missed an earlier story in *THE ROCK* here is some background, followed by a few stories about visiting churches. Maybe later we will put on a slide show about the trip. Since we have only been home for two weeks, organizing our digital photos is not as important as unpacking, laundry, grocery shopping, bill paying etc. It requires new skills involving the computer and being very selective—we have hundreds of photos!

Four members of St. Peter's Rockland had a unique summer vacation. Paul and Marty Rogers, Asger Bagge (all members of the parish's Budget & Finance Commission!) and Christopher Rogers (Paul & Marty's son) sailed on the Rogers' J 42 sailboat from Camden to the Azores and then to Kinsale, Ireland. Bryant Stockwell, Chris's friend from high school was also on board.

Paul and I have spent years doing "required reading" in preparation for this journey. We have sailed extensively but this transatlantic crossing in our own boat was a first. Asger sailed across in 1966 while a lieutenant in the Royal Danish Navy. That trip was part of a race series, the first part from Newport to Bermuda and the second part from Bermuda to Denmark.

The crossing on *Canty* took just under 11 days to Flores, the most western island in the Azores.

After spending two days there and a day and a half at Horta on Faial, we set sail for Kinsale, and arrived there in 8 days, 10 hours.

As members of the Cruising Club of America, we were joining the Irish Cruising Club for their 75th anniversary cruise beginning at Kinsale and sailing

along the southwest coast of Ireland as far as Glengarriff. Asger returned to the States from Kinsale and Marty and Paul's son Jonathan and his wife Des came aboard for a week.

In Kinsale, a small town quite similar to Camden with its shops, tourists and harbor full of sailboats, I had the opportunity to attend a Church of Ireland service at St. Multose. When I arrived a little before the 8 AM Sunday service, I was greeted by the rector who was delighted that I had come to worship and was not just as a sightseer investigating the historic building. The service, for the small gathering of about 10 people, was held in the chapel. The rector kindly briefed me before the start of the service that Rite II in the new (2004) Church of Ireland Prayer Book would be used. Naturally I felt quite at home in the church, part of the Anglican Communion. Afterwards two other Americans and I lingered to explore the building and quiz the rector about St. Multose. He promptly asked how much time we had and then embarked on a most interesting description of the saint and the history of the church.

Multose (which derives from the passage of a name, probably Ellt, through Gaelic, Latin and English) founded a monastery in the 6th century at Kinsale and in so doing probably started the town. His father was of Spanish descent and his mother was Welsh (St David's sister). The parish church was built by the Normans in about 1190 on the site of the original monastery. A carving over the west door is believed to be of the same period and shows the saint holding a bishop's crosier and a large stone, which symbolizes him as a church builder. St. Multose is the patron saint of Kinsale, feast day 11th December. The building retains many of its original features. The black letter inscription in Norman French, the Easter sepulcher, the baptismal font and the reredos from the Galway Chapel are features of note. St. Multose is one of the oldest Church of Ireland churches in Ireland. Cromwell's forces were said to have used part of

the church as a stable.

The next Church of Ireland we visited was in Glandore. Its beautiful location above the harbor might be every rector's dream or nightmare. The property was on a steep hillside to the east and south and by towering ledges within 10 feet of the building to the west and north. You entered the property by walking through a tunnel carved out of the ledge—emphasis on walk—no car expect perhaps a Cooper Mini could pass through. Even if it could there was precious little space to park. A bench on the lawn provided a place to sit and meditate while overlooking the village and harbor.

This church was open and welcoming to visitors. Most of the other churches we found (on weekdays) were gated and chained. One in Kilrush is undergoing renovation as a national historic monument project. The exception to this accessibility challenge was at St. Patrick's in Coleraine in Northern Ireland. Not only was it open but a lady gave us a tour & described the current styles of worship: very contemporary musical accompaniment for the service from the *Alternative Prayer Book of 1984* and traditional organ and choir music for the service that uses the *Book of Common Prayer* (1662). These two services alternate both in time and week of the month.

The Visitor's Guide to St. Patrick's gives this historical information: "According to tradition, St. Patrick himself was the first to establish a place of Christian worship at this location some time in the 5th century. Whether the tradition is to be trusted or not, there is not doubt that there has been a church here for many centuries. In 1995 the foundations of a church dating back at least to the 14th century were discovered and investigated by archaeologists. (The church wanted to install a new underfloor heating system and needed to remove the old floor. To do this required permission from the Department of the Environment. The old foundation that was excavated is in an aisle of the church & covered with glass so it can be seen. When there is a service a piece of carpet is put on top.) The foundations of the 17th century

church were on top of the earlier medieval foundations.

The present building was erected in 1885. In 1992 a terrorist bomb devastated much of Coleraine town centre. Extensive restoration and renovation work costing around one million pounds Sterling was carried out between 1995-96.”

We also saw the ruins of many churches and monasteries on our travels along the western coast of Ireland and the Inner Hebrides in Scotland. One of the most interesting was on Eilean Mor (Gaelic for big island) in the McCormaig Isles in Scotland. The harbor is barely big enough for two boats and the entrance is challenging—an underwater rock in the middle was split into two navigational hazards when the British Navy used it for demolition practice. The island is occupied now only by Soay sheep but the historic ruins of a church, a chapel and the monk’s cave are well maintained by the National Trust. The monk’s cave was most inhospitable. We didn’t dare try to enter it for fear of not being able to get back out.

The St. Mungo Museum of Religious Life and Art in Glasgow is the only museum in the world dedicated to the exploration of the major religions and faiths. Displays offer a fascinating insight into the art and ritual of Christianity, Judaism, Islam, Buddhism, Hinduism, Sikhism and Taoism. The themes of life, death and spiritual belief are explored through objects that are used in religious ceremony. Glasgow is a multi-cultural city where people of different faiths have lived side by side for generations. A very inspirational photo exhibit titled “Just Another Day?” showed Glaswegians of many faiths celebrating their major holy days. Churches and other historic buildings are some of our favorite places to visit and this is just a small sample of our explorations. Our winter assignment is more reading on the places we will visit next year, starting in Scotland, and sailing to the Orkneys, the Shetland Islands and then Norway, Sweden and Denmark. — Marty Rogers



*For the Voyage of the  
CANTY and Crew  
June 13, 2004*

To Canty:

No latitude or longitude confound you  
No changing seas or faltering winds thwart you  
No heavings or swirlings capture you  
Only sound timbers, buoyancy and mirth uplift you  
Certainty of clear horizons protect you  
Touch of loving hands fill you with Spirit.

To Crew:

Deep peace of the running waves to you  
Deep peace of the flowing air to you  
Deep peace of the smiling stars to you  
Deep peace of the companion creatures to you  
Deep peace of the quiet earth to you

The Spirit pilot you

The Spirit’s might uphold you  
The Spirit’s wisdom guide you  
The Eye of God look before you  
The Shield of God protect you  
The Mighty Hosts of Heaven save you  
From all snares of devils  
From all that would do you ill

So, fair winds, following seas, clear skies  
Be your bounty, love, strength of heart and joy  
The kinship of Patrick, Brigid  
Columba and Brendan brighten each day  
Confirm you in the Holy Immensity  
In Goodness of Life in Flesh  
In Wind and Breath of New Creation—  
And you troubles will be few!

*By Ralph Moore*